

Villages - Classes
Korean Karate TaeKwonDo
..... Starting on August 4th Wednesday

TAEKWONDO (KOREAN KARATE)

TaeKwonDo

- Learned by anyone regardless of age and Physical Condition

TaeKwonDo

- Can help you control your weight, tone your body, give you Energy, physical strength, flexibility and co-ordination while learning Korean Self-Defense.

TaeKwonDo

- Color belt ranking levels, if you so desire, according to time & progress in classes.



WEDNESDAY AND FRIDAYS
8:00 TO 9:15 AM
SEA BREEZE RECREATION CENTER

Information contact:

Drew Loiacono (30 years certified Black belt Instructor)
Tel. No. 352.350-2974